

## **Novel Differential Imaging Method**

### **Technical Field of the Invention**

The present invention relates to the field of medical imaging of human subjects. In particular the invention relates to cardiac neurotransmission  
5 'imaging in said subjects and provides a novel imaging method that provides further clinical data compared with known imaging methods.

### **Description of Related Art**

Various radiopharmaceuticals are known that target the tissues involved in cardiac neurotransmission, and are therefore useful in the diagnosis and  
10 monitoring of diseases where this function is compromised. Examples of such radiopharmaceuticals are  $^{18}\text{F}$ -fluorodopamine,  $^{11}\text{C}$ -hydroxyephedrine ( $^{11}\text{C}$ -HED),  $^{11}\text{C}$ -ephedrine ( $^{11}\text{C}$ -EPI),  $^{123}\text{I}$ -*meta*-iodobenzylguanidine ( $^{123}\text{I}$ -*m*IBG),  $^{11}\text{C}$ -4-(3-*t*-butylamino-2-hydroxypropoxy)-benzimidazol-1 ( $^{11}\text{C}$ -CGP),  $^{11}\text{C}$ -carazolol,  $^{18}\text{F}$ -fluorocarazolol and  $^{11}\text{C}$ -methylquinuclidinyl benzylate ( $^{11}\text{C}$ -  
15 MQNB). Use of these radiopharmaceuticals permits the *in vivo* assessment of presynaptic reuptake and neurotransmitter storage in addition to the regional distribution and activity of postsynaptic receptors.

Radiopharmaceuticals labelled with  $^{123}\text{I}$  can be used for external imaging using single photon emission computed tomography (SPECT) and those  
20 labelled with  $^{11}\text{C}$  or  $^{18}\text{F}$  can be used for external imaging using positron emission tomography (PET). For a recent review of the characteristics and uses of these agents see Carrió, Journal of Nuclear Medicine 2001 42(7) pp1062-76.

Many classes of medicines are known to interfere with the uptake of the  
25 above mentioned radiopharmaceuticals, e.g. tricyclic antidepressants, beta blockers, calcium channel blockers, sympathomimetic agents and cocaine. The discontinuation of these potentially interfering medicines prior to the administration of one of said radiopharmaceuticals has been strongly advised in order to decrease the likelihood of a false negative result (Solanki *et al*,

Nuclear Medicine Communications 1992 13 pp513-21, Kurtaran *et al*  
European Journal of Radiology, 2002 41 pp123-30, CIS-US Inc. "Iobenguane  
Sulfate <sup>131</sup>I Injection Diagnostic" pack insert July 1999).

### Summary of the Invention

5 The present invention relates to an improved method of imaging cardiac  
neurotransmission *in vivo* in a human subject using imaging agents. The  
method comprises obtaining two separate images with the same imaging  
agent. One of the images is obtained in conjunction with the administration of  
an agent known to interfere with the uptake of the particular imaging agent in  
10 question. Comparison of the two images enables additional information to be  
obtained in relation to the status of cardiac neurotransmission in said subject.  
In an intact neuron interference with uptake of the agent does not alter the  
uptake efficiency. In contrast, where there is a defect resulting in cardiac  
neurotransmission either working at maximal capacity at rest or rendered less  
15 efficient, uptake of the agent is significantly altered by the interfering agent.  
The invention also provides a method of imaging cardiac neurotransmission in  
a human subject *in vivo* wherein a single image is obtained using an imaging  
agent in conjunction with the administration of a non-pharmaceutical dose of  
an agent known to interfere with the uptake of the imaging agent. The  
20 invention furthermore provides a method of operating an imaging apparatus  
as well as a kit suitable for carrying out the methods of the invention.

### Detailed Description of the Invention

In a first aspect the present invention relates to a method of assessing cardiac  
neurotransmission of a human subject comprising;

- 25           i)       administration to said subject of an amount suitable for *in vivo*  
                  imaging of an adrenergic imaging agent;
- ii)       *in vivo* imaging of said subject using said adrenergic imaging  
                  agent;

- iii) administration of an adrenergic interfering agent to said subject;
- iv) repeating steps (i) and (ii); and,
- v) comparing the images obtained in steps (ii) and (iv).

5 It is also envisaged that the method can be carried out where step (iii) is performed as the first step.

In the context of the present invention the term "cardiac neurotransmission" includes all those processes involved in the normal functioning of adrenergic neurons in the heart. Particular processes of interest in the context of the present invention are the synthesis, storage, release, reuptake and  
10 metabolism of norepinephrine (NE).

NE is synthesised from the amino acid tyrosine which is taken up by an active transport system into neurons from the blood stream (see Figure 1 for synthetic route). Once inside the neuron, the aromatic ring of tyrosine is hydroxylated by the enzyme tyrosine hydroxylase to form  
15 dihydroxyphenylalanine (DOPA). DOPA is then acted upon by aromatic-L-amino acid decarboxylase to form dopamine (DA). DA is taken up into synaptic vesicles and converted to NE by  $\beta$ -hydroxylation mediated by dopamine- $\beta$ -hydroxylase. NE is stored in the synaptic vesicles until required for use.

20 In healthy tissues, adrenergic neurons are stimulated to release NE from synaptic vesicles and into the synapse in response to certain stimuli such as exercise, fear and anxiety. The released NE acts to excite or inhibit organs depending on the receptors present on a particular cell type, i.e.  $\alpha$ -1 and  $\beta$ -1 receptors produce excitation and  $\alpha$ -2 and  $\beta$ -2 receptors cause inhibition.

25 Following its deployment to the synapse and receptors, NE is mainly taken back into the neurons by the energy-dependent sodium-dependent uptake-1 system. Once back in the neuron, NE is either taken up once more into the

synaptic vesicles, or metabolised by monoamineoxidase (MAO) to form dihydroxyphenylglycol (DHPG), which is released into the bloodstream.

An extraneuronal uptake of NE can also occur; so-called "uptake-2", which is energy-independent. This uptake mechanism becomes predominant at relatively high levels of NE. Once inside the non-neuronal cells, metabolism of NE takes place *via* the MAO pathway as well as *via* catechol-O-methyltransferase (COMT), which is responsible for the metabolism of NE to form lipophilic metabolite normetanephrine (NMN), which is released into the bloodstream. For a review of the biochemistry of NE see Eisenhofer *et al* (Review in Endocrine & Metabolic Disorders 2001 2 pp297-311).

The term "adrenergic imaging agent" in the present invention is taken to mean an agent, labelled with an imaging moiety that can image adrenergic neurons. Typically such an agent interacts with a process of cardiac neurotransmission in a subject, and in particular processes relating to the synthesis, storage, release, reuptake and metabolism of NE, thereby enabling the assessment of cardiac neurotransmission in said subject. Suitable adrenergic imaging agents of the present invention include labelled forms of: neurotransmitter analogues, e.g. fluorodopamine (F-DOPA); false neurotransmitters, e.g. ephedrine (EPI), hydroxyephedrine (HED), *meta*-iodobenzylguanidine (*m*IBG) and *meta*-fluorobenzylguanidine (*m*FBG); agonists of  $\beta$ -adrenoreceptors, e.g. 4-(3-*t*-butylamino-2-hydroxypropoxy)-benzimidazol-1 (CGP), carazolol and fluorocarazolol; and muscarinic receptor antagonists, e.g. methylquinuclidinyl benzylate (MQNB). The term "labelled forms" in the context of the present invention is taken to mean forms labelled with an imaging moiety.

The "imaging moiety" enables detection following administration of said adrenergic imaging agent to the subject *in vivo* and is chosen from:

- (i) a radioactive metal ion;
- (ii) a paramagnetic metal ion;

- (iii) a gamma-emitting radioactive halogen;
- (iv) a positron-emitting radioactive non-metal;
- (v) a hyperpolarised NMR-active nucleus;
- (vi) a reporter suitable for *in vivo* optical imaging;
- 5 (vii) a  $\beta$ -emitter suitable for intravascular detection.

The imaging moiety may be detected either external to the human body or *via* use of detectors designed for use *in vivo*, such as intravascular radiation or optical detectors such as endoscopes, or radiation detectors designed for intra-operative use. Preferred imaging moieties are those which can be  
 10 detected externally in a non-invasive manner following administration *in vivo*. Most preferred imaging moieties are radioactive, especially gamma-emitting radioactive halogens and positron-emitting radioactive non-metals, particularly those suitable for imaging using SPECT or PET.

When the imaging moiety is a radioactive metal ion, i.e. a radiometal, suitable  
 15 radiometals can be either positron emitters such as  $^{64}\text{Cu}$ ,  $^{48}\text{V}$ ,  $^{52}\text{Fe}$ ,  $^{55}\text{Co}$ ,  $^{94\text{m}}\text{Tc}$  or  $^{68}\text{Ga}$ ;  $\gamma$ -emitters such as  $^{99\text{m}}\text{Tc}$ ,  $^{111}\text{In}$ ,  $^{113\text{m}}\text{In}$ , or  $^{67}\text{Ga}$ . Preferred radiometals are  $^{99\text{m}}\text{Tc}$ ,  $^{64}\text{Cu}$ ,  $^{68}\text{Ga}$  and  $^{111}\text{In}$ . Most preferred radiometals are  $\gamma$ -emitters, especially  $^{99\text{m}}\text{Tc}$ .

When the imaging moiety is a paramagnetic metal ion, suitable such metal  
 20 ions include: Gd(III), Mn(II), Cu(II), Cr(III), Fe(III), Co(II), Er(II), Ni(II), Eu(III) or Dy(III). Preferred paramagnetic metal ions are Gd(III), Mn(II) and Fe(III), with Gd(III) being especially preferred.

When the imaging moiety is a gamma-emitting radioactive halogen, the  
 25 radiohalogen is suitably chosen from  $^{123}\text{I}$ ,  $^{131}\text{I}$  or  $^{77}\text{Br}$ . A preferred gamma-emitting radioactive halogen is  $^{123}\text{I}$ .

When the imaging moiety is a positron-emitting radioactive non-metal, suitable such positron emitters include:  $^{11}\text{C}$ ,  $^{13}\text{N}$ ,  $^{15}\text{O}$ ,  $^{17}\text{F}$ ,  $^{18}\text{F}$ ,  $^{75}\text{Br}$ ,  $^{76}\text{Br}$  or  $^{124}\text{I}$ .

Preferred positron-emitting radioactive non-metals are  $^{11}\text{C}$ ,  $^{13}\text{N}$  and  $^{18}\text{F}$ , especially  $^{11}\text{C}$  and  $^{18}\text{F}$ , most especially  $^{18}\text{F}$ .

When the imaging moiety is a hyperpolarised NMR-active nucleus, such NMR-active nuclei have a non-zero nuclear spin, and include  $^{13}\text{C}$ ,  $^{15}\text{N}$ ,  $^{19}\text{F}$ ,  $^{29}\text{Si}$  and  $^{31}\text{P}$ . Of these,  $^{13}\text{C}$  is preferred. By the term "hyperpolarised" is meant enhancement of the degree of polarisation of the NMR-active nucleus over its' equilibrium polarisation. The natural abundance of  $^{13}\text{C}$  (relative to  $^{12}\text{C}$ ) is about 1%, and suitable  $^{13}\text{C}$ -labelled compounds are suitably enriched to an abundance of at least 5%, preferably at least 50%, most preferably at least 90% before being hyperpolarised.

When the imaging moiety is a reporter suitable for *in vivo* optical imaging, the reporter is any moiety capable of detection either directly or indirectly in an optical imaging procedure. The reporter might be a light scatterer (e.g. a coloured or uncoloured particle), a light absorber or a light emitter. More preferably the reporter is a dye such as a chromophore or a fluorescent compound. The dye can be any dye that interacts with light in the electromagnetic spectrum with wavelengths from the ultraviolet light to the near infrared. Most preferably the reporter has fluorescent properties.

Preferred organic chromophoric and fluorophoric reporters include groups having an extensive delocalized electron system, eg. cyanines, merocyanines, indocyanines, phthalocyanines, naphthalocyanines, triphenylmethines, porphyrins, pyrilium dyes, thiapyriliup dyes, squarylium dyes, croconium dyes, azulenium dyes, indoanilines, benzophenoxazinium dyes, benzothiaphenothiazinium dyes, anthraquinones, naphthoquinones, indathrenes, phthaloylacridones, trisphenoquinones, azo dyes, intramolecular and intermolecular charge-transfer dyes and dye complexes, tropones, tetrazines, *bis*(dithiolene) complexes, *bis*(benzene-dithiolate) complexes, iodoaniline dyes, *bis*(S,O-dithiolene) complexes. Fluorescent proteins, such as green fluorescent protein (GFP) and modifications of GFP that have different absorption/emission properties are also useful. Complexes of certain

rare earth metals (e.g., europium, samarium, terbium or dysprosium) are used in certain contexts, as are fluorescent nanocrystals (quantum dots).

Particular examples of chromophores which may be used include:

fluorescein, sulforhodamine 101 (Texas Red), rhodamine B, rhodamine 6G,  
5 rhodamine 19, indocyanine green, Cy2, Cy3, Cy3.5, Cy5, Cy5.5, Cy7, Marina Blue, Pacific Blue, Oregon Green 488, Oregon Green 514, tetramethylrhodamine, and Alexa Fluor 350, Alexa Fluor 430, Alexa Fluor 532, Alexa Fluor 546, Alexa Fluor 555, Alexa Fluor 568, Alexa Fluor 594, Alexa Fluor 633, Alexa Fluor 647, Alexa Fluor 660, Alexa Fluor 680, Alexa Fluor  
10 700, and Alexa Fluor 750.

Particularly preferred are dyes which have absorption maxima in the visible or near infrared region, between 400 nm and 3  $\mu$ m, particularly between 600 and 1300 nm.

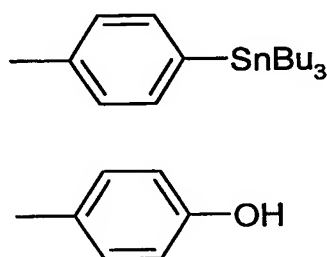
Optical imaging modalities and measurement techniques include, but not  
15 limited to: luminescence imaging; endoscopy; fluorescence endoscopy; optical coherence tomography; transmittance imaging; time resolved transmittance imaging; confocal imaging; nonlinear microscopy; photoacoustic imaging; acousto-optical imaging; spectroscopy; reflectance spectroscopy; interferometry; coherence interferometry; diffuse optical tomography and  
20 fluorescence mediated diffuse optical tomography (continuous wave, time domain and frequency domain systems), and measurement of light scattering, absorption, polarisation, luminescence, fluorescence lifetime, quantum yield, and quenching.

When the imaging moiety is a  $\beta$ -emitter suitable for intravascular detection,  
25 suitable such  $\beta$ -emitters include the radiometals  $^{67}\text{Cu}$ ,  $^{89}\text{Sr}$ ,  $^{90}\text{Y}$ ,  $^{153}\text{Sm}$ ,  $^{186}\text{Re}$ ,  $^{188}\text{Re}$  or  $^{192}\text{Ir}$ , and the non-metals  $^{32}\text{P}$ ,  $^{33}\text{P}$ ,  $^{38}\text{S}$ ,  $^{38}\text{Cl}$ ,  $^{39}\text{Cl}$ ,  $^{82}\text{Br}$  and  $^{83}\text{Br}$ .

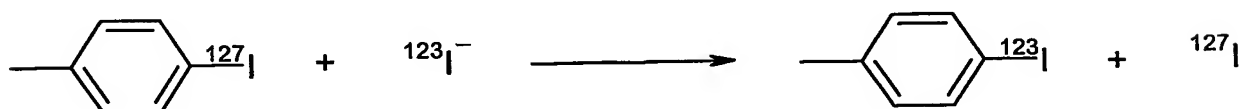
Preferred imaging moieties of the present invention are those that can be detected external to the human body, with gamma-emitting radioactive

halogens and positron-emitting radioactive non-metals being especially preferred.

- When the imaging moiety is a radioactive halogen, such as iodine, a precursor of the adrenergic imaging agent is chosen to include: a non-radioactive halogen atom such as an aryl iodide or bromide (to permit radioiodine exchange); an activated aryl ring (e.g. a phenol group); an organometallic precursor compound (e.g. trialkyltin or trialkylsilyl); or an organic precursor such as triazenes. Methods of introducing radioactive halogens (including  $^{123}\text{I}$  and  $^{18}\text{F}$ ) are described by Bolton (2002 J Lab Comp Radiopharm. 45 pp 485-528). Examples of suitable aryl groups to which radioactive halogens, especially iodine can be attached are given below:



- Both contain substituents which permit facile radioiodine substitution onto the aromatic ring. Alternative substituents containing radioactive iodine can be synthesised by direct iodination *via* radiohalogen exchange, e.g.



- When the imaging moiety is a radioactive isotope of iodine the radioiodine atom is preferably attached *via* a direct covalent bond to an aromatic ring such as a benzene ring, or a vinyl group since it is known that iodine atoms bound to saturated aliphatic systems are prone to *in vivo* metabolism and hence loss of the radioiodine.



When the imaging moiety comprises a radioactive isotope of fluorine (e.g.  $^{18}\text{F}$ ), the radioiodine atom may be carried out *via* direct labelling using the reaction of  $^{18}\text{F}$ -fluoride with a suitable precursor having a good leaving group, such as an alkyl bromide, alkyl mesylate or alkyl tosylate.  $^{18}\text{F}$  can also be

5 introduced by N-alkylation of amine precursors with alkylating agents such as  $^{18}\text{F}(\text{CH}_2)_3\text{OMs}$  (where Ms is mesylate) to give  $\text{N}-(\text{CH}_2)_3^{18}\text{F}$ , or O-alkylation of hydroxyl groups with  $^{18}\text{F}(\text{CH}_2)_3\text{OMs}$  or  $^{18}\text{F}(\text{CH}_2)_3\text{Br}$ . For aryl systems,  $^{18}\text{F}$ -fluoride displacement of nitrogen from an aryl diazonium salt is a good route to aryl- $^{18}\text{F}$  derivatives. See Bolton (2002 J.Lab.Comp.Radiopharm. 45 pp

10 485-528) for a description of routes to  $^{18}\text{F}$ -labelled derivatives.

Preferred adrenergic imaging agents of the present invention are  $^{18}\text{F}$ -fluorodopamine,  $^{11}\text{C}$ -HED,  $^{11}\text{C}$ -EPI,  $^{123}\text{I}$ -*m*IBG,  $^{131}\text{I}$ -*m*IBG,  $^{18}\text{F}$ -*m*FBG,  $^{18}\text{F}$ -*p*FBG,  $^{18}\text{F}$ -FIBG,  $^{11}\text{C}$ -CGP,  $^{11}\text{C}$ -carazolol,  $^{18}\text{F}$ -fluorocarazolol and  $^{11}\text{C}$ -MQNB. The most preferred agents of the present invention are  $^{123}\text{I}$ -*m*IBG and  $^{18}\text{F}$ -

15 *m*FBG, with  $^{123}\text{I}$ -*m*IBG being especially preferred. Further detail in relation to these preferred imaging agents is provided in the following paragraphs and some of their structures are illustrated in Figure 2.

Synthesis of  $^{18}\text{F}$ -fluorodopamine can be conveniently carried out by enzymatic decarboxylation of  $^{18}\text{F}$ -fluoro-DOPA using an L-amino acid decarboxylase

20 (Luxen *et al* 1990 Int J Rad Appl Instrum. 41 pp 275-81), or alternatively by direct fluorination of dopamine (Chirakal *et al* Nuc Med Biol 1996 23 pp 41-5).  $^{18}\text{F}$ -fluorodopamine can be used in the assessment of NE synthesis as it participates in that process in the same way as dopamine. It is taken up in sympathetic nerve terminals and transported into synaptic vesicles where it is

25 converted into  $^{18}\text{F}$ -fluoro-NE and stored. In a similar manner to NE,  $^{18}\text{F}$ -fluoro-NE is released from sympathetic nerve terminals upon sympathetic stimulation.  $^{18}\text{F}$ -fluorodopamine can be used in the evaluation of cardiac autonomic innervation in a variety of cardiac diseases with involvement of neuronal innervation.

- $^{11}\text{C}$ -EPI and  $^{11}\text{C}$ -HED can be synthesised respectively by the methods outlined in Chakraborty *et al* (1993 Nucl Med Biol 20 pp 939–44) and Rosenspire *et al* (1990 J Nucl Med 31 pp 1328–34).  $^{11}\text{C}$ -EPI and  $^{11}\text{C}$ -HED can be used to assess the NE uptake and storage mechanisms as they are transported *via* uptake-1 into the neuron and in a similar manner to NE are stored in synaptic vesicles.  $^{11}\text{C}$ -EPI, but not  $^{11}\text{C}$ -HED, is metabolised by the same pathways as NE and therefore can act as a tracer for these pathways as well.  $^{11}\text{C}$ -HED enables imaging of alterations in neuronal innervation in diabetes, congestive heart failure and after heart transplantation.
- 10 Radioiodinated *m*IBG can be synthesised according to the method described in Kline *et al* (1981 J Nucl Med. 22 pp 129-32). Methods of preparing carrier-free radioiodinated *m*IBG have also been reported, e.g. by Samnick *et al* (1999 Nucl Med Comm. 20 pp 537-45). Both  $^{131}\text{I}$  and  $^{123}\text{I}$  versions of *m*IBG have been used clinically, but for diagnostic imaging  $^{123}\text{I}$ -*m*IBG is preferred.
- 15 *m*IBG is an analogue of the false neurotransmitter guanethidine, which is a potent neuron-blocking agent that acts selectively on sympathetic nerves. Neuronal uptake of *m*IBG is predominantly *via* the uptake-1 mechanism at the doses typically used for imaging, with the uptake-2 mechanism becoming dominant at higher concentrations. In patients with cardiomyopathy, reduced uptake and increased washout of *m*IBG correlates with the degree of sympathetic dysfunction, clinical severity and prognosis. Low *m*IBG uptake, reduced left ventricular ejection fraction (LVEF) and circulating NE concentration are independent predictors for mortality in patients with dilated cardiomyopathy. It has been demonstrated that reduced NE reuptake plays a prominent role in the sympathetic dysfunction of advanced cardiomyopathy in comparison to less severe forms where increased release and decreased reuptake appear equally important. *m*IBG uptake is diminished in CHF patients as compared to controls due to altered NE uptake and storage, the uptake is very heterogenous and there is increased washout.
- 25
- 30  $^{18}\text{F}$ -*m*FBG,  $^{18}\text{F}$ -*p*FBG and  $^{18}\text{F}$ -*m*IBG are fluorinated analogues of *m*IBG.  $^{18}\text{F}$ -*m*FBG and  $^{18}\text{F}$ -*p*FBG can be synthesised beginning with a fluoro for nitro

exchange reaction on 3- and 4- nitrobenzonitrile, respectively (Garg *et al* 1994 Nucl Med Biol. 21 pp97-103).  $^{18}\text{F}$ -mIBG can be prepared starting from 4-cyano-2-iodo-N,N,N-trimethylanilinium trifluoromethanesulfonate by the method described by Vaidyanathan *et al* (1994 J Med Chem. 37 pp3655-62).

- 5 All of these  $^{18}\text{F}$  agents act as PET imaging agents having a similar uptake to mIBG, as described in the previous paragraph.

- The synthesis of  $^{11}\text{C}$ -CGP has been described by Brady *et al* (1991 Int J Rad Appl Instrum. [A]. 42 pp621-8). This adrenergic imaging agent is a non-selective  $\beta$ -adrenoceptor antagonist that binds with high affinity. An example  
10 of the use of  $^{11}\text{C}$ -CGP is in the assessment by PET imaging of *in vivo* changes in the number of left ventricular  $\beta$ -adrenergic receptor sites of patients with idiopathic cardiomyopathy. Quantitative assessment of receptor sites can also be carried out in conjunction with the use of a mathematical model (Schafers *et al* 1998 Eur J Nuc Med. 25 pp 435-41).

- 15 Carazolol is a high affinity  $\beta$ -adrenergic receptor antagonist which is relatively non-specific for the receptor subtypes. The labelling of the two enantiomers of this compound with  $^{11}\text{C}$ , including the synthesis of the required labelling precursors, is reported by Berridge *et al* (1992 Int J Rad Appl Instrum B. 19 pp 563-9). Labelling of carazolol with  $^{18}\text{F}$  has been reported by Elsinga *et al*  
20 (1996 Nucl Med Biol. 23 pp 159-67). Carazolol labelled with  $^{11}\text{C}$  or  $^{18}\text{F}$  can be used for  $\beta$ -receptor estimation with PET. The R-isomer does not accumulate in the target organs, indicating that *in vivo* binding of carazolol is stereoselective.

- MQNB is labeled with  $^{11}\text{C}$  by methylation of quinuclidinyl benzylate with  $^{11}\text{C}$ -methyl iodide (Le Guludec *et al* 1997 Circulation 96 pp 3416-22). MQNB is a  
25 specific hydrophilic antagonist of muscarinic receptors and the  $^{11}\text{C}$  labelled version can be used to evaluate the density and affinity constants of myocardial muscarinic receptors by PET imaging. Muscarinic receptors are part of the parasympathetic nerve system and their stimulation results in the  
30 inhibition of NE release from adrenergic neurons. Congestive heart failure is

associated with upregulation of myocardial muscarinic receptors, which may be an adaption to  $\beta$ -agonist stimulation.

- $^{76}\text{Br}$ -meta-Bromobenzylguanidine ( $^{76}\text{Br}$ -*m*BBG) can be prepared from the iodinated analog (*m*IBG) and  $^{76}\text{Br}$ - $\text{NH}_4$  using a  $\text{Cu}^+$ -assisted halogen exchange reaction as reported by Loc'h *et al* (1994 Nucl Med Biol. 21(1) pp49-55).  $^{76}\text{Br}$ -*m*BBG was produced in a 60-65% radiochemical yield with a specific activity of 20 MBq/nmol. Preliminary results in rats in the same report suggest that  $^{76}\text{Br}$ -*m*BBG can be useful for the assessment of heart catecholamine reuptake disorders with PET.
- 10  $^{18}\text{F}$ -FIBG was prepared by Vaidyanathan *et al* (1997 J Nucl Med. 38(2) pp330-4) in four steps starting from 4-cyano-2-iodo-N,N,N-trimethylanilinium trifluoromethanesulfonate in 5% decay-corrected radiochemical yield in a total synthesis time of 130 min. The specific activity was more than 1500 Ci per mmol. *In vitro* binding studies showed that the percent binding of  $^{18}\text{F}$ -FIBG to
- 15 SK-N-SH human neuroblastoma cells remained constant over a 3-log activity range and was similar to that of no carrier added  $^{131}\text{I}$ -*m*IBG. Specific and high uptake of  $^{18}\text{F}$ -FIBG was also seen in mouse heart and adrenals. The *in vitro* and *in vivo* properties of  $^{18}\text{F}$ -FIBG suggest that this compound may be a useful positron-emitting analogue of *m*IBG.
- 20  $^{18}\text{F}$ -labeled 2  $\beta$ -carbomethoxy-3 $\beta$ -(4-chlorophenyl)-8-(-2-fluoroethyl)nortropine ( $^{18}\text{F}$ -FECNT) is a recently developed dopamine transporter ligand with potential applications in patients with Parkinson's disease and cocaine addiction.  $^{18}\text{F}$ -FECNT was prepared by Deterding *et al* (2001 J Nucl Med. 42(2) pp376-81) in a two-step reaction sequence.
- 25 Alkylation of 1- $^{18}\text{F}$ -fluoro-2-tosyloxyethane with 2 $\beta$ -carbomethoxy-3 $\beta$ -(4-chlorophenyl)nortropine in dimethyl formamide at 1,350°C for 45 min allowed  $^{18}\text{F}$ -FECNT, which was purified by semipreparatory, reverse phase high-performance liquid chromatography, to produce a product free from the precursor, 2 $\beta$ -carbomethoxy-3 $\beta$ -(4-chlorophenyl) nortropine and with specific
- 30 activity of 56 MBq/nmol (1.5 Ci/mmol).

An "adrenergic interfering agent" as defined in the present invention is a pharmaceutical agent that interacts with a process of cardiac neurotransmission. Therefore, adrenergic interfering agents that interact with the processes relating to the synthesis, storage, release, reuptake and  
5 metabolism of NE are of particular interest in the context of the present invention. Suitable adrenergic interfering agents of the present invention include tricyclic antidepressants,  $\beta$ -blockers, calcium channel blockers, sympathomimetic agents and cocaine (Solanki *et al*/ Nuc Med Comm. 1992 13 pp513-21). Preferably, the adrenergic interfering agent interacts with the  
10 same process of cardiac neurotransmission as the adrenergic imaging agent.

Tricyclic antidepressants are known to interfere with the uptake-1 mechanism, which is the main uptake mechanism for a number of adrenergic imaging agents. Examples of tricyclic antidepressants that can be used in the method of the present invention include desipramine, amitryptaline, imipramine,  
15 doxepine, loxapine, nortriptyline and trimipramine. Preferred tricyclic antidepressants of the present invention are desipramine, amitryptaline and imipramine. The  $\beta$ -blocker labetalol, the sympathomimetic agent ephedrine and cocaine also inhibit the uptake-1 mechanism and are therefore suitable for use in the methods of the present invention, although in reality the clinical  
20 use of cocaine in such a method may not be considered.

Various sympathomimetic agents are known to act by depleting the content of the synaptic vesicles in which NE is stored. Similarly, any adrenergic imaging agent that is known to be stored in the synaptic vesicles will also be released by the action of these agents. Examples of sympathomimetic agents that are  
25 suitable for use in the methods of the present invention include dobutamine, phenylpropranolamine, phenylephidrine and metaraminol. A preferred sympathomimetic agent of the present invention is dobutamine. The  $\beta$ -blocker labetalol is also known to deplete synaptic vesicle contents.

Certain calcium channel blockers have been shown to decrease the uptake of  
30 adrenergic imaging agents. Examples of calcium channel blockers that are

suitable for use in the present invention include diltiazem, isradipine, nifedipine, nimodipine and verapamil. Preferred calcium channel blockers of the present invention are diltiazem, nifedipine and verapamil.

Administration of the adrenergic interfering agent is carried out in conjunction with obtaining one of the images of the method. The route of administration of the adrenergic interfering agent can suitably be oral or parenteral. The timing of administration may also vary and may be suitably carried out before, during or after administration of the adrenergic imaging agent. Primarily however, administration of the adrenergic interfering agent should allow it to compete with but not to block the uptake of the adrenergic imaging agent, thereby providing a "stress" on the mechanism by which the imaging agent is taken up. The effect of this stress, as reflected in the difference between the two images obtained, will be dependent on whether or not the particular aspect of cardiac neurotransmission being measured is functioning normally in the subject. Where cardiac neurotransmission is functioning normally, the uptake of adrenergic imaging agent will not be altered significantly in the stress image compared with the image obtained with adrenergic imaging agent alone (the "rest" image). Where the uptake mechanism is working at its maximal capacity in the rest image or has been rendered less efficient due to an underlying pathophysiology, reduced uptake of adrenergic imaging agent is seen in the stress image indicating a defect not visible in the rest image.

Cardioneuropathies can be broadly categorised into primary and secondary cardioneuropathies. Primary cardioneuropathies can be related to dysautonomias, heart transplantation and idiopathic ventricular tachycardia and fibrillation. Secondary cardioneuropathies can be related to dilated cardiomyopathy, coronary artery disease, hypertrophic cardiomyopathy, arrhythmogenic right ventricular cardiomyopathy, diabetes mellitus, hypertension and drug-induced cardiotoxicity. As described by Carrio (2001 J Nuc Med. 42 pp 1062-76) evaluation of the pathophysiology of all of these conditions can be done using adrenergic imaging agents. Certain patterns of uptake in rest vs. stress are reflective of particular cardiac neurotransmission

status in a subject and can provide prognostic value for risk stratification relating to pump failure and/or occurrence of life-threatening arrhythmias in patients with cardioneuropathy in association with symptomatic or asymptomatic heart failure.

- 5 In a second aspect the present invention relates to a method of assessing cardiac neurotransmission in a human subject comprising;
- i) administration of a non-therapeutic dose of an adrenergic interfering agent to said subject;
  - 10 ii) administration to said subject of an amount suitable for *in vivo* imaging of an adrenergic imaging agent; and,
  - iii) *in vivo* imaging of said subject.

With this method a single image is obtained in conjunction with the administration of a non-therapeutic dose of an adrenergic interfering agent. The term "non-therapeutic dose" in the context of the present invention is  
15 taken to mean a specific dose of the adrenergic interfering agent that is low enough such that no therapeutic effect occurs, but sufficient to produce competition with the adrenergic imaging agent. This dose will depend on the particular adrenergic interfering agent used, e.g. preferred doses of the tricyclic antidepressants amitryptaline and desipramine would be between 10  
20 and 50 mg, most preferably 25 mg. In a preferred embodiment the adrenergic interfering agent is administered as a single dose. The image produced is evaluated with respect to what would be expected from a normal subject, for instance by means of comparison with a database of normal data, such that information as to the status of cardiac neurotransmission in a subject can be  
25 derived.

Preferably the assessment of cardiac neurotransmission is used as a means to investigate the status of a cardioneuropathy in said human subject. The

preferred adrenergic imaging agents and adrenergic interfering agents are as described for the first embodiment of the invention.

A third aspect of the present invention is a method for determining the viability of a region of adrenergically innervated tissue in a human subject comprising:

- 5                   (i)     performing *in vivo* imaging of said subject using an adrenergic imaging agent;
- (ii)     administration to said subject of an adrenergic interfering agent;
- (iii)    repeating step (i); and,
- 10               (iv)    comparing the images obtained in steps (i) and (iii).

The adrenergically innervated tissue is preferably the myocardium and the method is preferably used to investigate the status of a cardioneuropathy in said human subject. The preferred adrenergic imaging agents and adrenergic interfering agents are as described for the first embodiment of the invention.

- 15   A fourth aspect of the present invention is a method of imaging the sympathetic innervation of a tissue of a human subject comprising:

- (i)     *in vivo* imaging with an adrenergic imaging agent;
- (ii)     administration of an adrenergic interfering agent;
- (iii)    repeating step (i); and,
- 20               (iv)    comparing the images obtained in steps (i) and (iii).

The preferred tissue of this method is the myocardium and the method is preferably used to investigate the status of a cardioneuropathy in said human subject. The preferred adrenergic imaging agents and adrenergic interfering agents are as described for the first embodiment of the invention.



A fifth aspect of the present invention is a method of operating an external imaging apparatus using signal data derived from an adrenergic imaging agent previously administered to a human subject, said method being carried out both before and after the previous administration of an adrenergic  
5 interfering agent to said subject and then comparing the signal data so derived.

In the present invention the term "external imaging apparatus" is taken to mean any apparatus suitable for measuring, external to a subject, the relative distribution in said subject of an adrenergic imaging agent following its  
10 administration. Suitable external imaging apparatus of the invention include gamma cameras where the imaging moiety is a gamma emitter, PET cameras where the imaging moiety is a positron emitter and MRI scanners where the imaging moiety is a paramagnetic metal ion or a hyperpolarized NMR-active nucleus.

15 A sixth aspect of the present invention comprises the use of an adrenergic imaging agent in the manufacture of a medicament for use in *in vivo* imaging of the sympathetic innervation of a human subject wherein said *in vivo* imaging is carried out both before and after the administration of an adrenergic interfering agent and comparing the images so obtained.

20 A seventh aspect of the present invention is a kit for use in the methods of the present invention which comprises:

- (i) an adrenergic interfering agent; and,
- (ii) an adrenergic imaging agent in a form suitable for carrying out *in vivo* imaging, or a precursor thereof.

25 A "precursor" of an adrenergic imaging agent is a compound that can be labelled with an imaging moiety to produce an adrenergic imaging agent. When the imaging moiety comprises a non-metallic radioisotope, i.e. a gamma-emitting radioactive halogen or a positron-emitting radioactive non-

metal, such a precursor suitably comprises a non-radioactive material which is designed so that chemical reaction with a convenient chemical form of the desired non-metallic radioisotope can be conducted in the minimum number of steps (ideally a single step), and without the need for significant purification  
5 (ideally no further purification) to give the desired radioactive product. Such precursors can conveniently be obtained in good chemical purity and, optionally supplied in sterile form as part of the kit of the invention.

Such kits are designed to give sterile products suitable for human administration, e.g. *via* direct injection into the bloodstream. Suitable kits  
10 comprise containers (e.g. septum-sealed vials) containing the adrenergic interfering agent and precursor of the adrenergic imaging agent.

The kits may optionally further comprise additional components such as radioprotectant, antimicrobial preservative, pH-adjusting agent or filler.

By the term "radioprotectant" is meant a compound which inhibits degradation  
15 reactions, such as redox processes, by trapping highly-reactive free radicals, such as oxygen-containing free radicals arising from the radiolysis of water. The radioprotectants of the present invention are suitably chosen from: ascorbic acid, *para*-aminobenzoic acid (i.e. 4-aminobenzoic acid), gentisic acid (i.e. 2,5-dihydroxybenzoic acid) and salts thereof with a biocompatible  
20 cation as described above.

By the term "antimicrobial preservative" is meant an agent which inhibits the growth of potentially harmful micro-organisms such as bacteria, yeasts or moulds. The antimicrobial preservative may also exhibit some bactericidal properties, depending on the dose. The main role of the antimicrobial  
25 preservative(s) of the present invention is to inhibit the growth of any such micro-organism in the pharmaceutical composition post-reconstitution, i.e. in the radioactive diagnostic product itself. The antimicrobial preservative may, however, also optionally be used to inhibit the growth of potentially harmful micro-organisms in one or more components of the kit of the present invention  
30 prior to reconstitution. Suitable antimicrobial preservatives include: the

parabens, i.e. methyl, ethyl, propyl or butyl paraben or mixtures thereof; benzyl alcohol; phenol; cresol; cetrimide and thiomersal. Preferred antimicrobial preservative(s) are the parabens.

5 The term "pH-adjusting agent" means a compound or mixture of compounds useful to ensure that the pH of the reconstituted kit is within acceptable limits (approximately pH 4.0 to 10.5) for human administration. Suitable such pH-adjusting agents include pharmaceutically acceptable buffers, such as tricine, phosphate or TRIS [i.e. *tris*(hydroxymethyl)aminomethane], and  
10 pharmaceutically acceptable bases such as sodium carbonate, sodium bicarbonate or mixtures thereof. When the ligand conjugate is employed in acid salt form, the pH-adjusting agent may optionally be provided in a separate vial or container, so that the user of the kit can adjust the pH as part of a multi-step procedure.

15 By the term "filler" is meant a pharmaceutically acceptable bulking agent which may facilitate material handling during production and lyophilisation. Suitable fillers include inorganic salts such as sodium chloride, and water soluble sugars or sugar alcohols such as sucrose, maltose, mannitol or trehalose.

### Brief Description of the Figures

20 Figure 1 illustrates the physiological route of synthesis of NE.

Figure 2 shows the chemical structures of some adrenergic imaging agents of the invention.

Figure 3 illustrates  $^{123}\text{I}$  mIBG images produced with (A) and without (B) administration of amitryptaline representative of two of the subjects studied in  
25 Example 1. When amitryptaline was administered before  $^{123}\text{I}$  mIBG a marked decrease in the myocardial uptake of  $^{123}\text{I}$  mIBG was seen.

Figure 4 illustrates the  $^{123}\text{I}$  mIBG images produced with (A) and without (B) administration of amitryptaline representative of the other two subjects studied

in Example 1. There was no notable difference in the myocardial uptake of  $^{123}\text{I}$  *m*IBG following administration of amitryptaline.

The difference in the response to the "stress" of amitryptaline administration between the subjects is indicative of differing degrees of cardiac  
5 neurotransmission function.

### **Brief Description of the Examples**

The invention is illustrated by the following non-limiting examples.

Example 1 describes a method of the invention in which the adrenergic imaging agent is  $^{123}\text{I}$  *m*IBG and the adrenergic interfering agent is  
10 amitryptaline. Reduced uptake of  $^{123}\text{I}$  *m*IBG was seen in the stress image obtained for half of the patients imaged.

It is hypothesised that reduced uptake in the stress image is as a result of partial denervation of a region of the myocardium. The mechanism for adrenergic imaging agent uptake may be working at maximal capacity for the  
15 rest image such that it becomes overwhelmed in the presence of adrenergic interfering agent resulting in significant reduction in uptake of adrenergic imaging agent. The method can therefore allow detection of milder forms of cardiac adrenergic denervation and has the potential to be a more sensitive and specific method of  $^{123}\text{I}$  *m*IBG imaging. This in turn will allow better risk  
20 prognostication in terms of pump failure and likelihood of occurrence of life-threatening arrhythmias in patients with asymptomatic or symptomatic heart failure.

Example 2 describes a method of the invention in which the adrenergic imaging agent is  $^{123}\text{I}$  *m*IBG and the adrenergic interfering agent is  
25 desipramine. As observed for the method of example 1, it is anticipated that this method will also provide additional diagnostic information over imaging with  $^{123}\text{I}$  *m*IBG alone.

## Examples

### *Example 1: mIBG imaging with amitryptaline*

4 patients with movement disorders and aged between 66 and 75 were selected for this study. Neurological examination raised the differential  
5 diagnosis between essential tremor and Parkinson's disease. Prior to the study, none of the patients was taking any medication known to interfere with mIBG uptake. In all patients two  $^{123}\text{I}$  mIBG scans were performed, one of which was performed after administration of a single oral dose of 25mg amitryptaline one hour prior to  $^{123}\text{I}$  mIBG administration. The imaging protocol  
10 was carried out for both scans as described in the following paragraphs.

The patients were treated with 200-500mg of potassium perchlorate 30 minutes before injection of  $^{123}\text{I}$  mIBG. A dose of 370 MBq of  $^{123}\text{I}$  mIBG was administered at rest through an intravenous catheter.

Anterior planar images of the thorax were obtained at 15 minutes and at 4  
15 hours after  $^{123}\text{I}$  mIBG injection with the subject in a supine position. The gamma camera (GE Millenium) was equipped with a low-energy, parallel-hole, general purpose collimator, and a 20% energy window on 159 KeV if  $^{123}\text{I}$  is used.

SPECT was performed with collection of 32 projections of 30-60 seconds  
20 each, acquired over  $180^\circ$  orbit, with  $3^\circ$ - $6^\circ$  angle interval in a  $64 \times 64$  matrix starting in the  $45^\circ$  right anterior oblique projection and finishing in the  $45^\circ$  left posterior oblique projection.

Studies were reconstructed using a Butterworth filtered backprojection technique. Three tomographic images were obtained from the SPECT study,  
25 i.e. vertical long axis slices, short axis slices, and horizontal long axis slices. Bull's eye polar map was generated from the apical to the basal short axis slices to show relative tracer distribution in the myocardium. Reconstruction was performed without attenuation and scatter correction.

The parameters used for quantification of myocardial  $^{123}\text{I}$ -mIBG activity were heart to mediastinum ratio (HMR) and myocardial washout rate (WR). HMR is the mean pixel counts of heart region of interest (ROI) divided by the mean pixel counts of mediastinum ROI. The WR is calculated by dividing the product of myocardial counts at 4 hours minus myocardial counts at 15 minutes by myocardial counts at 15 minutes and multiplying by 100. A WR of 10% is considered normal.

Representative images obtained in the study are illustrated in Figures 3 and 4.

***Example 2: mIBG imaging with desipramine***

20 patients of any age with a diagnosis of ischemic or non ischemic cardiomyopathy are included in the study, matched by an equal number of asymptomatic age matched controls. Patients with ischemic cardiomyopathy have already been intervened for maximal possible augmentation of myocardial perfusion *via* coronary artery bypass grafting, or angioplasty. All subjects continue to receive standard and maximal medical care for heart failure and other co-morbidities from their respective primary care physicians.

Prior to the start of the study all medications are reviewed and potential drug interactions with desipramine and  $^{123}\text{I}$  mIBG uptake identified. Drugs which can confound the interpretation and can be stopped without adversely altering the clinical profile of the patient are withheld. However if such a step is not possible (digoxin, labetalol, ACE inhibitors) the results are interpreted keeping in view the medications being administered. The study comprises a 2-day imaging protocol.

Desipramine hydrochloride is administered *via* an intravenous infusion to the patients and normal controls. The cumulative dosage of desipramine administered is 0.25-0.5 mg/kg and the infusion lasts for 15-20 minutes.

Thirty minutes after desipramine administration, 370 MBq of  $^{123}\text{I}$  mIBG is administered to each patient after the desipramine infusion and images are

obtained at 15-30 minutes and at 4 hours after  $^{123}\text{I}$  *mIBG* administration. As in Example 1, the WR is also calculated.

24 hours later, 370 MBq of  $^{123}\text{I}$  *mIBG* is administered again and same set of images is repeated.